

1/21/2013 1:27

Used ReMag for a couple months.
Christmas party food. Acid reflux attack.
Thought ReMag would have prevented that experience.
40 years of deficiency.
Doubled down for 2 weeks and reflux went away.
Acid reflux can be a spasm of top of stomach or esophagus.
Magnesium deficiency can cause these symptoms.
6 foot tall and 190 lbs. 1/2 tsp twice a day may not have been enough.
Decide how much you as an individual you require.
RDA same number for everyone -- all ages, weights, experiences
100 Factors that let you know you are magnesium deficient.
"Gauging Magnesium Deficiency Symptoms"
If you have them, you require magnesium. If you feel you relief, but then the symptoms come back, you require more.
My symptoms are palpitations and charlie horses.
When I get symptomatic, I need more magnesium.
How long should I expect it to take for magnesium levels to get saturated?
When I first worked on this, I had laxative effect with all forms of magnesium.
That's why I looked for a solution like ReMag.
Took a couple of years to build up storage levels.
ReMag will cause laxative effect when you get saturated.
Look for symptom relief or laxative effect for signposts.
Take 1/4 tsp sea salt in every pint of drinking water.
Look at calcium intake, as you are trying to dissolve it away.
You do need some calcium.
Look at calcium food chart and see what's in foods you eat.
500-700 mgs of calcium to balance with magnesium.
We don't know how magnesium specifically effects RNA.
It is required for RNA/DNA production.
Hawaiian sea salt collected from rocks where water evaporates.
RNA Drops will work better with the completment program.
Skin rashes - skin below corner of my eye.
Ears as well.
ReNew has been tried. Doesn't know if it is working.
Sound fungal to Dr. Carolyn. And, perhaps speaks to B Vitamins.
Do Drops make homeopathic more effective
People have reported whatever they are taking either works better or is unnecessary.
Homeopathic RNA Drops in the future.
Some people will feel safer, if they are gluten free, with the homeopathic version.
Many who are gluten intolerant can take RNA Drops.
Take homeopathic to get mind out of flu.
Have something on hand to use and get it out of your mind.
Continuing Education classes for doctors are talking any skin

14:52

difference is pre-cancerous.
Keep ReNew on hand and start using it now on your face and the backs of your hands.
ReNew is very good for people to have on hand.

21:48 Freckles are fading on back of hands.

22:27 When doctor says, this could be pre-cancerous, you don't want your mind to agree. You say, Oh, no. I have something for that.

23:12 Completment Now subscriber.
Panic attacks, breath shortage, not sleeping.
Lots of detox.
Tested for heavy metals and tested for them.
Assumed heavy metal poisoning.
Provocation can stir things up and people get sick from it.
Use magnesium gel and some tablets. Drank clay.
When I was diligent about taking magnesium, I was very calm and sleeping better.
Put magnesium gel all over my body like Dr. Dean suggested.
In moments I was more calm.
Now taking ReMag - 4 droppers a day - no panic attacks and am sleeping.
Much saner person with the magnesium.
Magnesium is a detoxifier.
Magnesium burn rate - heavy metals were burning off magnesium and needed more.
Clay baths. Drinking edible clay.
Friend feels a lot sharper on ReMag.
Goes in at cellular level. It's detoxifying cells.

28:57 Can't say I'm feeling anything.
With food. By itself? Specific time?
FAQs on website speak to this.
Dr. Carolyn take RNA Drops away from food. Holding under tongue.
Can drink water a short time after. Don't flush away with fruit juice or something.
Any time.
It helps some sleep; activates others.
Does much more than you can possibly imagine.
Bill who owns Achieve Radio - Spirituality in a bottle.
Will it travel? Can I take it?
Yes, testimonial about air travel without refrigeration.
RNA Drops doesn't spoil.
ReAline - take with food?
You don't have to. I take mine with my smoothie.
Nothing in there that will irritate that you would take with food.
Take RNA Drops. If you take other supplements, take ReAline with those.

34:65 Melthiaonine is an amino acid relating to longevity.

Taurine presentation.
Cellulite will diminish and go away on ReAline, according to iON.
Dose is similar to finding tolerance for alcohol.
Ok to increase RNA drops sooner than a week? The less the better.
Keep thinking one or two drops could be enough.
How do you know when you had enough?
Do it for months. Talk to it. It's like an adventure.
Overboard is a contrasting experience.
Substance that the ascending crave.
Transforming on so many levels.
Didn't feel tremendous things from trial.
Got a ReBob to share with a friend, it started kicking in.
Some people have to take for awhile so it kicks in.
Getting good sleep.
More healing during sleep.
Enhanced so I was even getting more healing during sleep.
Possible you needed underlying magnesium structure to use RNA Drops.
Elation and then quiet where RNA Drops digs deeper.
Four month cleanse for Candida. Budgetary concerns.
Can't just live in a bubble and learn to assimilate anything.
Neverminding in the right way.
Is it okay to be in water for hour and hours (ReMag)?
Days worth and sip it during the day.
It's the perfect way to take magnesium.
Any other way to take RNA Drops other than twice a day.
iON says specifically twice a day.
Mix it up in your skin creams and use it that way.
ReNew has bigger kick to it.
Preparing electrons to lock in Bread of Life and Living Water.
RNA Drops is called happy juice by a music producer they know.
Life isn't as much effort.

41:01

52:16

Testimonial on Saturday Show about Degenerative Disk Disease.
Allergic to rods and screws.
Donor bone was infected.
Constant pain. Couldn't sleep.
Heart attack and on medication for that.
Down to two medications.
Low filtration at risk for chronic kidney disease.
Tell folks not to take magnesium.
What you really need is magnesium not avoiding it.
Studies indicating this are being suppressed.
Areas harboring aches and pains.
Mind says it's going to be there forever.
Then, cells will be deformed because of your decision.

57:35

RNA Drops will form new perfect cells that won't carry pain message.

Does RNA Drops protect from fluoride.

RNA Drops with cancer patients are showing healing of damage to GMOs.

Fluoride burns off magnesium.

iON says RNA Drops will protect you from everything.

Nothing you have a problem with.

It will mix with everything.

Makes you impervious to everything.

What about msg in restaurants?

Anything I eat with msg I get so sleepy.

So tired I have to take a nap.

Take RNA Drops for awhile and then do some msg.

See what happens.

Make sure you are on ReMag.

What's in your mind about msg is you have had experience before.

It will take more RNA Drops in your cells to learn not to be bothered by msg.

I'd keep monitoring it.

But neverminding it.

Act like your body wants them and it's going to be useful.

These things shouldn't bother you.

Different rates of response.

Practice not thinking about anything.

Relax and allow.

Tapping acupuncture points to release allergy.

Mind thinks, "He wants it to happen."

Burning coal in your hand. Put piece of ice in a person's hand, but mind thinks there is a coal there, under hypnosis.

Minds are powerful.