

10/14/13 (2)	2:34	What about RNA Drops and ReAline re: Tachy Brady 1/3 maintenance dose
	4:01	On Drops, ReMag, ReAline 3 months Pain - could it be a correcting response Calcium supplementation. Go with the correcting response notion. Google my name and calcium. There is good bioavailable calcium in ReLyte. Fair amount of calcium in foods. Can use bone broth. Calcium pills are generally 4% absorbed. Rest goes into soft tissues. Take more ReMag. Check your Magnesium RBC Test.
	6:30	Not sleeping. Insomnia; hidden depression. Heard Total Biology on this topic. Old wounds get triggered by the Drops. Radio Free iON Telephone consult with a Total Biology practitioner or German New Medicine.
	11:09	Flu Shot and Symptoms When the body is perfecting itself, it will kick out toxins. Mind creates contrast to see where you are. Be careful of conscious, habitual patterns. Laughter environment.
	12:54	Small horseshoe shaped lumps dried up in 3 days
	13:27	Lipospheric Vit C helpful? Nutrients in fatty coating for better absorption Make your own liposomal Vit C.
	15:25	Started applying ReMag to neck and throat Olive oil based perfumes and lotions - can I add ReMag into them. Will they effect ReMag. Oils and liquids don't blend all that well. Could be a stand alone in a spray bottle. Spray on ReMag and put your own products on top of it. If you are going to try them together, you can emulsify with a blender. You can use ReNew.
	18:42	Because sometimes magnesium can make me feel worse, is it safe to put in straight out of a bath? Yes, it will absorb faster because pores are more open. ReMag wants to go into your skin. ReMag on neck and throat. Things on throat are getting loose, possibly scar tissue or tension from surgeries on throat and ears. Possibly calcification. It's so much fun and awesome they are going away.

This is even helping me with speech.  
 Perhaps people with thyroid, maybe they should spray  
 their throat with ReLyte.

23:15 Language pattern for you. Start dropping the word, "always."  
 26:02 Tailor's Bunion  
 Would RNA Drops or magnesium decalcify.  
 Soaking in the ReMag would be awesome!

28:01 How can I know I'm taking enough ReMag?  
 174 lb 5'11"  
 Doesn't matter how much you weigh or how tall you are.  
 Get Magnesium RBC test.  
 How many drops should I take from the dropper?  
 1 tsp = 120 drops  
 1/2-1 tsp twice a day  
 For someone who has a fair amount of symptoms, more.  
 See what your dropper holds.  
 ReLyte - 1/2-3/4 tsp twice a day  
 Go easy on ReLyte.  
 Go easy on ReLyte if you are on medication.  
 Can I overdose on ReMag. No, when you are fully  
 saturated, you'll get the magnesium effect.  
 Can I still take an epsom salt bath every day. Yes. Soothing.  
 Effexor for anxiety 15 days ago.  
 Unfortunate he didn't get his magnesium up in time to  
 not go there. Will deplete magnesium.  
 Saturate yourself with magnesium and feel better.  
 Read "When Magnesium Makes Me Worse"

33:40 T-Tapp Conference is wonderful.  
 Professional athlete.  
 Emergency Physicians Conference in Seattle.  
 Being so tapped into life is huge!  
 Labyrinth of the mind - you get so savvy with the products.

39:27 Husband doesn't take Drops.  
 I have for two years.  
 He has been growing nails and having wounds heal.  
 Getting better and ot so uptight about political events.  
 He's breathing her RNA Drops fumes and having positive  
 effects.  
 Do you think the fluoride in tooth paste effect people's  
 magnesium?  
 Yes.  
 Should you not use fluoride tooth paste?  
 Why waste magnesium on fluoride so you can use  
 fluoride tooth paste.  
 RNA Drops people can intend to transmute it.

41:58 Tum's calcium - Mother - several years  
 Did this contribute to my Mother's stroke?  
 Yes, studies have confirmed calcium causing health

43:22

challenges in women.

Health Freedom Expo in Long Beach

59 years old in good health

Taking lots of supplements and raw food.

If I stopped my supplements and kept with the

Completement Products, would this be good.

Dr. Carolyn has cut back on lots of vitamins because she just doesn't feel like taking them.

Don't need minerals that are in the ReMag/ReLyte

Just don't buy the next bottle and gradually wean yourself off and let your body dictate what you do.

Some take supplements just in case. It's kind of a less than feeling.

Spending lots of money on my supplements and it's getting harder to keep up with it all.

Minerals are the electrical conductivity in the body.

They are the frequency that connects and makes things work.

How much ReMag/ReLyte?

Hit bottom - couldn't sleep any more.

Felt like heart and stomach was going to explode out of my body.

Couldn't lay down. Had to sleep sitting up.

Started researching alternative health.

Now you are starting to simplify.