

Date	Time Stamp
10/21/13-1	5:00

5:59

10:17

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21:04

39:40:00

10/21/13-2

3:38

5:27

11:37

12:12

16:41

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29:57:00

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33:12:00

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40:51:00

44:48:00

46:24:00

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10/28/13-1

3:30

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23:24

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10/28/13-2

2:28

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28:33:00

30:30:00

31:34:00

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Topic	Keyword	Testimonial
amazon.com ranking for Coast to Coast Vitamins and Supplements Ranking	Magnesium	Dr. Carolyn
Magnesium, Gluten Intolerance, and Mineral Deficiency	Magnesium Mineral Deficiency ReMag ReLyte	Email
Friend had brain surgery after accident Gluten Gluten irritates intestinal lining and makes it inflamed. Hard to absorb nutrients. Often comes up after surgery because of fluoride in anesthetic. After surgery can have magnesium deficiency symptoms. Can use ReMag liquid in his feeding tube. Blog on Laryngo Spasms and Magnesium Muscle spasms because of magnesium deficiency.		
Dr. Carolyn eats everything besides dairy and gluten. Gets gas and bloating from dairy and gluten. Cannot function on vegetarian diet. Even tried macrobiotic diet and did not have enough protein to bind with fluid. Minerals find a way into cells and liquid follows. Do not believe in vegan or vegetarian diet. Only 4% follow this eating program. The China Study had flawed information in it. See book by T. Colin Campbell Good critique on his work by paleo diet people. Dr. Cordain and Colin Campbell debate.	Diet Minerals	Dr. Carolyn
RNA Drops correcting less than position Allergy to barley. Many testimonials of people who are gluten intolerant or with allergies can use RNA Drops	RNA Drops	Dr. Carolyn
Sister-no diabetes, no liver cancer, no gluten intolerance after using drops Chemo, medical marijuana, RNA Drops, ReMag, ReAline Little bit of everything that may help. If you have chronic condition, experiment with the Drops and so on.	RNA Drops	Yes-Greg's Sister
Husband on beta blocker and diuretic Concerned about mineral depletion. Would like to take him off meds.	RNA Drops ReMag ReLyte	Ginney  Jennifer

White Coat Syndrome and occasional PVCs

Symptoms of magnesium deficiency.

Stress and cortisol

Magnesium RBC Test

ReMag 1/2 tsp 2 times a day is maintenance dose. Chronic conditions may need more.

Go slow when you have a chronic condition.

Does magnesium sulfate baths.

Blog-When Magnesium Makes You Worse

ReLyte-with weight and adrenal glands be so busy.

What's his body temperature like?

Hotter - 1/4-1/2 tsp of ReLyte 2 times a day

ReLyte isn't all focused on thyroid but is good for that.

RNA Drops to create perfect cells.

1-2 drops twice a day. Add 1 drop or 2 a week

ReAline - our detox product

ReAline

Fat cells to hide toxins

Stress toxins can be in body.

Takes out the trash.

Heavy metal detoxification in blood pressure and heart disease cases.

ReLyte and ReMag together in juice or water.

RNA Drops under tongue. Nothing to drink for 10 minutes.

Son got healing from depression in ocean in Hawaii.

Minerals in Water and Sun

Depression came back when he returned to Texas.

He's now on super nutrients.

Free electrons from Earth when they are at the beach in the water.

Earthing - bare foot for 10 minutes on Earth or copper bracelet around ankles

Dealing with blood pressure.

RNA Drops

Rowena

On blood pressure medication and diuretic.

ReAline

Sensitive to sodium.

ReMag

Do you think you get dehydrated?

ReLyte

1/2-1 gal of water per day.

Medications are toxins in the body and have side effects. Good idea to drink more fluids.

Diuretic is draining your minerals. May need more magnesium.

Suggest Magnesium RBC Test.

More fluid - sodium concentrates when you are dehydrated.

1/2 your body weight in oz of water as the amount to drink.

Total Biology - Stress between you and outside world	Total Biology	
Blood Pressure	RNA Drops	Mike
Resisting going on medication	ReAline	
Earlier in the program has been on heart and magnesium.		
Look at what is happening to your blood vessels. Pathways of you and your home to the outside world, what is stressing you.		
Too indocrinated to take a pill for a symptom.		
RNA Drops gets mind out of the way and brings a bliss state.		
You do get your mind in the way.		
On RNA Drops over a year; not getting to optimal states with the Drops.	RNA Drops over a year	Email
Flu/Cold symptoms - labyrinth of the mind, she questioned the RNA Drops.		
Vit B and C - want to take RNA Drops only - aren't they everything.		
We assume that everything is going to be perfect in our world. Don't expect any illness. Makes us feel mad and guilty.		
Lung issues is fear.		
When I create conflict, I experiment on solving the conflict and share it.		
It's one of my reasons for creating conflict.		
Unrealistic expectations of body.		Ginney
Congestion, etc. we make up stories.		
Why we get cancer from Total Biology	Total Biology	Dr. Carolyn
Fear of falling is gone after you fall.		
Preoccupation with cancer when you hear someone has it.		
Brain gives one cancer to get the fear of cancer out of your brain.		
Drops give body more capacity to balance itself. It's so perfect, whole, and complete.		
Physical cuts off from non-physical,		
Chromosome 14 will create an addiction to reconcile the split.		
Smart Meters	Smart Meters	Yes-Sir Louis
Heart rhythm issues even though he had pace maker.	RNA Drops	Donovan
In hospital twice.	ReMag	
13 days ago he was discharge from hospital.		
He looked in refrigerator and blue bottle got his attention (ReMag).		
He started taking 4 droppers of ReMag.		
He feels fantastic.		
He's thrilled.		
Electrical conductivity is weakened; need		

minerals; smart meter overrode the frequencies of his heart.

That got his own electrical conductivity working separately from the smart meter.

Re: Epsom Salt Baths and Sleep Magnesium Sulfate is Epsom Salts.

Relaxing because you are absorbing the magnesium through your skin.

It does absorb!

If you are 130 lbs, you should drink a gallon of water. How much is too much water?

1/2 your body weight in oz of water

If you are 130 lbs, it's a half gallon

Just water; nothing else.

Rose Hip Powder and Lecithin for Vit C Complex

How much of each?

Sun Flower Lecithin?

Non GMO Soy

What is normal blood pressure?

6'3" 280 lbs 140/90 was standard borderline high

Any size; any age - 120/80

Cut off was 140/90.

Have seen talks about dropping the cut off more.

24 hour blood pressure cuff monitoring

When is your blood pressure high?

Just running around?

Sleeping?

This is just something interesting to notice.

Eye cup to soak an eye in RNA Drops

Cataracts and glaucoma

Not ReMag because it might burn

Get off glaucoma drops?

Have testimonials about eye improvements.

12-22 normal inter-ocular pressure.

Interesting to try one drop in eye cup.

Glass eye cup?

A cup that fits. Doesn't matter what it is made from.

Lynn Foutch - <http://integrativehealth.com>

Pico meter size magnesium is working.

Absorbable at the cellular level

Angstrom magnesium people

Angstrom 3000 parts per million

Pico 60,000 parts per million

No laxative effect

Magnesium Taurate in addition to ReMag Thoughts?

Epsom Salts

Sue

Vit C

Kathy

Blood Pressure

Email

Allowing

Eye Cup

RNA Drops

Ginney

Kathy

Completement Formulas

Susana

ReMag

Magnesium Forum

Taurine is in ReAline formula - important for the heart.

If you are on whole completement package, you are getting it all.

Low dose of magnesium with taurate. It wasn't enough for me.

Is Renaud's Disease magnesium related? Spasming of circulatory system in hand. Until proven otherwise, it's a magnesium deficiency.

Magnesium

Email

Reversing advanced BPH With Zync and other minerals Will heal up the prostate.

ReLyte

Richard

Zync deficiency will stimulate prostate to grow more tissue.

There are herbs that help, too, but would start with the ReLyte

Dealing with healing crisis - intense rash Have had it 6 weeks. Time off work.

RNA Drops  
Total Biology

Yes-Sue

Colonics and detox baths.

Taking out old junk out of my body.

On RNA Drops for 2 years.

Taking course in Total Biology.

When I realized what this was about for me, I woke up the next day with the rash 50% gone.

3 days later I slept for 12 hours, and the rash was 90% gone.

Mental and emotional component to illness.

RNA Drops

Ginney

Contrast is reality. It's going to show up.

Contrast

Bob

Contrast is an important part of life.

Contrast from joy and abundance.

Contrast

Ginney

Spraying ReLyte on your neck

ReLyte

Sarah

In juice with ReMag.

The areas where I sprayed relaxed (jaw, back of head, etc.)

Reverse aging process

RNA Drops

?

Disease care, not healthcare, in our society

Healthcare

Dr Carolyn

Withdrawal from neurontin

RNA Drops

Sarah

Began neurontin 18 months ago for chronic pain for fibromyalgia, migraines, and so on

Withdrawal symptoms - nausea, flu like

symptoms, nerve pain, feeling yucky

Fired her from the practice when she weans herself from her medication.

So, now she has no source for neurontin.

Withdrawal symptoms are pretty hefty,

so weaning is important.

GABA analogue

GABA is a neurotransmitter

Neurontin only effects 30% of the people who take it for pain; placebos work 60%.  
 Over 50 side effects.  
 How much is a doctor getting paid to endorse a certain prescription?  
 Read Death by Modern Medicine  
 Pharmacies who think doctors have a low prescribing rate will turn them into their medical boards.  
 Neurontin works with calcium channels.  
 That makes me think of magnesium.  
 Have been putting ReMag directly on chest.  
 Take magnesium baths.  
 Scary that a doctor can fire you for wanting you to wean off a drug.  
 Make a homeopathic remedy of the pill.  
 Closing ritual.  
 Reminds body that you don't want that crap.  
 No sound

Sore throat before Chicago Health Show  
 Not wanting to speak up about products.  
 Sinus infection and doing Neti pot.  
 Total Biology of sinus infection is not being heard.  
 Where's that coming from?  
 Layers to what we've gone through in our lives. Take a closer look at them.  
 Keep learning and don't ever stop.  
 Decide whether you want to engage the contrast and conflict.  
 RNA Drops will bring up disconnection so that you can connect.

The Cancer Drug Racket  
 1.3 billion dollars to bring cancer drug to market  
 RNA Drops development  
 Drugs talk about extending life by days only  
 Mae Brussel Conspiracy Site  
 Nazi elite won WWII by breaking up Pharma and taking over drug distribution all over the world.  
 Death by Modern Medicine

Absorbable minerals are basic and wipes out almost the entirety of nerve problems  
 Neuropathic pain is caused nutritional deficiencies and toxins.  
 Can aging be reversed.  
 There is no such thing as aging.  
 Symptoms come from your embracing of time.

Total Biology of Sinuses Dr. Carolyn

Drug Development Ginney

Control of Medicine Bob

Completement Products Ginney

RNA Drops Completement Products Sue

There is no time.  
 Renew and RNA Drops have helped my skin.  
 Magnesium in spritz bottle on my face.  
 50% ReMag; 50% ReLyte with a bit of water  
 Using it for 2 weeks; amazing what's  
 happened to my face.  
 Wrinkles and blood vessels going away.  
 Minerals are hydrating skin directly.  
 Minerals are absorbed; then water follows.  
 Cells don't age, so it's not possible to age.  
 Undo science like gravity in the labyrinth of  
 your mind.  
 Cells don't and can't age. They are not in time  
 You are not the same person you were  
 because of cell replication.  
 I-Block is almost floating; it gets lighter and  
 lighter.  
 Gravity is changing and shifting.  
 Gravity is no longer working on your skin to  
 drag it down.  
 Burn scars with her when she has new cells  
 and perfect blueprint.  
 Brain keeps it alive by knowing it's there.  
 If you can forget about it for long enough  
 and apply ReNew, ReMag/ReLyte water, you  
 come back later, it's gone.  
 If we ignore our non-physical, then problems  
 can crop up.  
 If we allow our non-physical full sway, then  
 anything is possible.  
 iON says the eyes are the last thing to  
 change.  
 Can you give blood after RNA Drops  
 Yes, they only check for diseases.  
 iON said that there won't be blood types at  
 some point.  
 Atrial Fibrillation and Thyroid Problem  
 Hyperthyroid last February.  
 Now they say I have hypothyroid.  
 Prescribed synthroid.  
 RBS Magnesium 5.0  
 ReMag and RNA Drops. Just added ReLyte  
 and ReAline.  
 Cardio inversion and change of medication.  
 Follow your pulse rate while you are on the  
 medication.  
 Sloppy about ReMag; take it when I feel like  
 it.  
 ReMag is the medication for Afib. You want  
 to get a measuring spoon, be precise, and

RNA Drops Sue

RNA Drops Patrick  
 Completement  
 Products

you probably require 1 tsp twice a day.  
1/2 tsp twice a day of ReLyte since you are on a drug that had iodine in it.

Thyroid is about manipulation of time.  
You have yourself caught up paying attention to time.

ReMag will help you calm down and get more present and grounded.

Doctors are going for replacement therapy.  
With the thyroid minerals you are building your thyroid.

If your pulse goes up, have your doctor help you wean off your medication.

Video on Magnesium and Its Benefits if You Are on Cipro.

ReMag

Ginney

Over 1,000 clinical trials and studies about magnesium.

Magnesium

Dr. Carolyn

Done by one team, Dr. Burton Altura and Dr. Bella Altura

There are tens of thousands of studies on magnesium.

Very legitimate protocol.

Completely overlooked by medicine.

Oral Lamasil for 3 months

ReMag

Gabby

Want toe nails to be beautiful for her wedding  
Take with ReMag?

Lamasil is an anti-fungal. Side effects are problematic, so I can't recommend it.

Wear closed toe shoes.

Fungal toe nail effects can be related to candida.

Toe Fungus and Candida

Dr. Carolyn

Indicates a yeast overgrowth in the intestines.

ReNew testimonials with fungal nails.

Also RNA Drops on the toes.

Imperfect cell will allow infection to take hold.

RNA Drops have helped toe fungus.

RNA Drops

Yes-Kathy

Soaked toe in epsom salts.

Feet have improved so much.

Toe fungus gone.

Severe Edema

ReMag

Mia

Would retain fluid from any salt.

RNA Drops

Difficulty urinating.

for 1 month

Almost immediately different with RNA Drops

Output is not as much as it should be for what I drink.

Minerals going into cells and water following is when people take ReLyte.

You may not be retaining enough minerals at the cellular level.



second hour.

On meds. Are they related to the water retention.

Not post menopausal

Would be taking hormone replacement therapy with synthetics if I wasn't in post menopause.

Side effects of drugs come to the surface.

ReLyte and ReMag will help with fluid retention. Listen to audio re: Mia's question

Make sure you are on 2 ReAline a day for supporting the liver.

Water retention is often the body wanting to dilute toxins.

Epsom salts baths and clay in bath.

Hypnotized by medicine.

Ten years ago, what did you think doctors were for?

Modern  
Medicine

Bob and Ginney

Ridiculous to take off all your clothes with a male doctor.

Strip yourself and then they told you who you be.

Social trust in doctor archetype.

Drug advertising disclaimer

Don't measure drugs against placebos anymore because placebos do better on trials.

Does glass of wine interfere with RNA Drops  
No but could make you more sensitive to the effects of alcohol.

RNA Drops

Sue

No craving for alcohol on the RNA Drops.

Confessions of a Medical Heretic  
similar to Death by Modern Medicine

Bob

Low mobility and nodules on neck.  
Sprayed with ReLyte and had relief.

ReLyte

Going to the doctor

Modern  
Medicine

Lynn

People need to take responsibility.