

Date	Time Stamp	Topic
11/26/2012	1:32	<p>Absorption of Titanium Have titanium implants in my mouth. Are there effects I can notice? No history on the titanium absorption yet. Ginney is reworking her ankle that has a plate. I really don't know the answer with teeth. They seem like a different thing than a stabilizer. Blueprint of the foundation of the bone that still exists would give something to build on. Tooth that doesn't exist, I don't know how it would. Miracle books of regrowing teeth. If it can happen for one person, it can happen for others. You are an individual, create your own cells and possibilities. Fillings - mercury - should they be taken out. iON says, "No, why would you bother. Body won't crave mercury." Wait and see and don't worry about all the talk. Only 10% of population reacts to mercury. Caused by a lack of a certain detox enzyme that is genetic. Just say, "I'm not one of the 10%." iON talks about toxins as food after shifts happen. Environmental shifts that we are hearing about. Most people choose to think they are bad things. What if they are not? Part of evolutionary process of adapting. RNA Drops we are growing new cells and uncovering DNA.</p>
	12:34	<p>Health has gone to the next level. Aches and pains have disappeared. Switched from Angstrom to ReMag. In a base of trace minerals that body might need. Do not seem to need any other supplements. Neighbor with heart issues bought bottle. Neighbor has positive effects. "The Insanity of Avoiding Magnesium" Award from Heart Rhythm Congress Horror stories are unbelievable. Simple solution with far-reaching effects. Only way I could get some people to listen was to tell them I was on tv.</p>
	22:37	<p>James Martinez posted Sheila Kern painting on cold fusion. Talking about achieveradio.com</p>
	29:00	<p>Sharing experiences these days and not problems. We do get emails with questions. Body has priorities and RNA Drops goes to those areas. Something comes to the surface of contrast.</p>

Growing new cells. Where are they going to go if old ones don't come out.
ReMag helps energy system of every new cell.
Helps cells work better.
Very much required for all your cells.
Also works on detoxification.
Helps glutathione as a detoxified.
Stirs things up for certain people.
Anywhere I was having problems increased.
Starting off with all three out of the gate makes sense.
Mini bottle is toe in the door.
People do want to try them.
Whatever happens - even if it's contrast - something has shifted.
The drops about the person who is taking them.
I can guarantee results with ReMag because I've worked with Magnesium for so long.
Highest amount of B6 one should be taking?
Synthetics in large amounts had side effects.
Natural substance fine; synthetics not so much.
First there were food surveys.
Then there were food based supplements.
Then, supplement manufacturers made synthetics.
Then, small amounts didn't work of the synthetics.
Then, large amounts were taken.
Studies started to say vitamins don't work.
But, they are all synthetics that they are studying.
Drug companies are buying out supplement companies.
Then, they'll have to be prescribed.
That happened recently with a magnesium supplement.
Study supplement in rat brains.
Only magnesium that gets into the brain. Not true.
Small particle magnesium will get into the cells and brain.
Tend to be very expensive.
Patenting is one of the ways to continue supplements.
Reps that go to these meetings don't have a clue.
Whole food and dietary supplements of Codex are Germans who seem to be in league with drug companies.
Doses are so low like Centrum.
Supplement sell themselves out to be international.
We put our products into the patent process because of the various codex meetings.
Drug companies threaten to take their companies offshore if the government regulates them.
Medications deplete magnesium and give side effects.
Vitamin D is a hormone.
The way hormones are created and balanced in the body is through a feedback loop.

Vitamin D one of its main functions is to grab calcium and put it in bones.

When there is too much calcium, Vit D will pull back.

People are taking too much calcium.

There is too much calcium in our bodies.

In our food. It's fortified. We are told to supplement.

Hair analysis for the past decade is showing too much calcium and not enough magnesium.

Too much calcium will drive down Vit D.

Then, we test Vit D, it's too low. We have to give it to people as the body requires it.

In the face of too much calcium, anything over 1000 Ius, is probably too much.

Allopaths are prescribing 50,000 Vit D2 once a week for a couple of months.

Then, the blood tests are up.

Person may not get clinically better.

Caused absorption of more and more calcium.

This is causing more and more effects like bone spurs, heart disease, etc.

Too much calcium and not enough magnesium.

Natural D3, your body will convert to D2 if it needs it.

That's not quite true.

Dr. Carolyn will have an article coming out about this.

Overutilizes and neutralizes.

Total body spasms one factor is high doses Vit D.

K2 is in raw butter that Weston Price people talk about.

Get it in full food source.