

4/22/13 (2)

2:27 drcarolyndean.com, achieveradio.com, 2012rnaradio.com
3:06 Going through depression.
After drops, I was just feeling happy. Feeling good.
Back to normal but had cellulite. 75% gone after 4 weeks.
Skin on neck and chin smoothing out with ReNew.
Getting youthful where you can see my jaw line.
Outside changes seem to validate that I'm getting inside changes.
You had no expectations. That is a good point.

8:42 No more severe cramps in hands and feet.
Feels beneficial.
Working on gravity and grounding.
What electrolytes do you recommend until ReLyte is available.
Coconut water and sea salt.
1/4 tsp sea salt in pint of drinking water.

10:12 Reorder of RNA Drops
Gray in hair is gone, after 22 years of being gray.

10:55 Hypertension
Refrigeration not mandatory.
Is it supposed to taste like pure vinegar. Yes, it does.
Everyone has a different taste to it.
Our flight attendant friends take it all over the world.
Taste gets pungent sometimes if not in fridge.
RNA Drops cannot go bad.
Has not made difference in blood pressure yet, 4 days out.
Don't have a huge expectation.

15:16 How does the RNA Drops fix a criminal to go back into world.
Chromosome 14 - addiction and criminal behavior is a shut off
from non-physical.
Chromosome 14 opens up your non-physical.
How will you feel after ascension?
iON says it won't matter. You'll not have any questions.
You will be in a state of knowing.
Being able to relax and allow in your experience.

19:39 Thyroid condition
Removed 9 years ago.
Believed it was possible to grow a new one.
Itching I reported last week is over. Started taking Drops.
Take my time, wait, unfold things?
Have to take thyroid medicine? What do you do?
Take your time taking the drops.
That's not a mixed message.
Do things you like to do - get into your joy.
You can rub RNA Drops or Renew on to the thyroid to give it
the message.
Inspired to rub it on my scar.
It's how you hold everything in your consciousness.
Be patient.
Too little, too much, high expectations, no patience.

Too many drops too quickly, I believe.
Learning whole new layer as a healer.
When the Body Says No book.
The Emotion Code
iON wants us to ground ourselves to the Earth.
Learn to trust your modality; give it your full attention.
Chemical body is working perfectly the way you want it. It's
always getting better.
Thyroid is related to time, and you may not believe in it.
Do I have time to do everything?
Slows thyroid down to create time.

32:59

Wicked cough
Poultice on my chest overnight.
Board a plane and join the wedding 31 years ago.
Mullein poultice - little known lung herb for bronchitis, chest pain
Couldn't go to health food store. You had to use the dry raw
herbs.
Big pots of boiling herbs in the 1980s.
Had homeopathic pharmacy where I made homeopathics for
people.

35:53

Chinese herbs - disgusting smelling and tasting.
Emotional aspects of how the body responds.
What do you really want? I want to be happy and healthy.
They say happy first because you can be depressed and healthy.
You want to enjoy being healthy.
iON says people make choices to feel good or better.
Imprinting early in their life through their family that gives
negative view of the world. Carries through life.
People who need to change are afraid to change their identity.
Can't promise that everyone with depression will get a lift from
the RNA Drops.
No guarantee on how it's going to work.
Some shift; some will stay stuck.
They do want to feel better, sick and tired of being sick and tired.
Drops have the potential to relax the labyrinth of the mind.
Physical symptoms disappear fairly quickly, as in Alzheimer's.
Balancing is how to sustain a flow of your identity and let the
mind relax itself so the body can make the shifts.
Trust the drops and be grateful that you have right now that you
can enjoy.
Happy and ready for more.
Locus for early Alzheimer's on Chromosome 14.
Get in touch with non-physical on Chromosome 14.
Drops remediate dementia almost immediately.
Grounding quality to the Drops.
Bigger space inside and a grounding.
Total inner stability and balance, with grounded position.
Didn't get sunburned when you were on Maui.

No effects from radiation.
Doesn't get sunburned when I walk from the beach.
Aging piece - wrinkles - expecting that this won't be an issue.
46:11 Tremors at night. Why would we need magnesium to balance hormones.
We are making perfect cells in huge numbers.
Want right building blocks.
RNA Drops won't create magnesium out of thin air.
RNA Drops will bring more than health creation.
Magnesium and RNA Drops.
50:40 Enhancing performance of RNA Drops.
Bob takes his straight. It tasted awful for 2 days but now it tastes sweet.
iON excited that first time in human history that there is a complete process.