

5/13/13 (2)

2:02

Thyroid adjusts for visual bias.  
I'm late. I'm early. I can't sleep. I'm sleeping too much.  
Fine tuning when operating properly.  
It's about time; trying to shift or control time.  
Adrenal Glands - Flock of sheep - food of predators - stay together as a flock - red alert when he's missing - beam/homing signal created by his adrenals shutting down which causes him to fall down.  
Is it possible to take too much ReMag? No, there's a laxative effect if you are fully saturated.  
If your body is saturated, you won't hold on to the magnesium.  
Do you trust the blood test for thyroid?  
I go by all of it - clinical, temperature testing, and TSH is set too high.

15:07

Follow your own TSH over time along with clinical symptoms how the thyroid is doing.  
Atrial Fibrillation  
Coming back more often.  
Have you taken any magnesium before?  
Did that help your Afib?  
Might not be enough magnesium with Afib. You often need a lot more than 400 mg.  
How much of the ReMag have you been taking?  
1/2 tsp in morning and 1/2 tsp at night.  
Probably not enough of the ReMag.  
It gets right into the cells. If your cells have toxins, medications, heavy metals, for some people in the beginning, they can feel stirred up or worse in fact. Long term that's a good thing.  
It's as effective taking a few doses of ReMag as when they take IV magnesium.  
High doses, like 6 tsp a day, to bring things to normal.  
It's stirring things up and the body probably wants more.  
When Magnesium Makes Me Worse blog.  
Magnesium can be the answer to Afib for some people.  
If you are magnesium deficient, for example.  
Scarring from heart attack could put a stretch on one of the pacemakers.

28:07

Heart is one big muscle. The muscle goes into contraction more often than it should usually too much calcium to magnesium.  
Was diagnosed with MS in 2003  
Emotional Garbage Resolution  
Neuropathies to doctor, doctors diagnose MS.  
Magnesium is important for neurological/muscle system.  
Total Biology - being afraid of vertical fall  
Fall could also be a failure.  
Let's you know it's not a mental health problem.  
Body is trying to keep you alive by taking stress off of brain and putting it in your body.

What we are doing here is doing transition stories.  
iON talks about a place where there are no rules.

35:42 What's your attitude toward Dr. Dennis Wilson's syndrome, reverse T3 being stuck due to freaking out.  
Difficult; lots of monitoring.  
I'd rather create perfect cells and be done with it.  
I'd like to focus on the completement products and let the body heal itself.  
We think we're smarter than our bodies.  
Source energy is always looking after you. Autonomic system.  
I'm a God; it's your body is the God. Key focus of your body is your voice.

39:20 Gave blood a couple of weeks ago. RNA Drops since February.

41:17 Review of RNA Drops, ReMag, ReAline, ReLyte  
2012rnaradio.com

45:45 Husbands triglicerides and LDL levels are high.  
ReMag and B6 for a month. Other supplements?  
Statin drugs flush out magnesium.  
Eating too much fruit or fructose for high triglicerides.  
Vit D deficiency and calcium supplementation can be out of balance. If you have too much calcium, your Vit D levels will go down.  
Make sure you are taking enough magnesium.

50:19 RNA Drops for perfect cells.  
ReAline is important to help RNA Drops work so perfect cells are happier.  
ReMag and ReLyte give perfect cells the mineral support.

52:22 Good lay person's book on Total Biology  
Biogeneology, the psychic roots of illness Patrick Obissier  
When the Body Says No  
Cancer Is Not a Disease; It's a Survival Mechanism

53:54 Blood Transfusions - consult with iON about giving blood to others  
Metabolism going to be different.