

6/17/13 (1)

3:20

Health Freedom Expo Chicago  
Biological Impact of RNA Drops  
The Last System impacted is the eyes.  
It brings up what iON says is "your lying eyes."  
What you see isn't real. What you can't see is real.  
We keep seeing something about our body we don't like, and we bring it into our new cells.  
RNA Drops are helping us because it works on the labyrinth of our minds.

11:45

Pure saline solution. Eye cup from drug store.  
Fill cup half full and put one drop RNA Drops in the saline.  
Hold the cup up to my eye and look up toward the ceiling.  
Open eye and some of the solution in your eye. Blink eye.  
Open eye; blink eye several times.  
Do this for both eyes, alternating, 3 or 4 times for whatever fun reasons you would want to do this.

13:23

Many testimonials about sight improvements.

13:50

Health Freedom Expo  
Huge to be in the booth and talking all those hours.  
A lot of people are very interested in health and doing something about it.  
Surprising that vegetarian world has such cache in health.  
Miniscule part of the population fit into this category.  
If it were working, wouldn't it be spread more.  
What about ancestral diets? Blood type diets?  
We grew up in different cultures, regions, different preferences, different enzyme systems in our bodies.  
We're scaring people with all this food fear.  
What does the mind do with that information but begin to fear food.  
They aren't suffering effects of radiation.  
See people at the booth that were on very strict diets, they were suffering from magnesium deficiency.  
Soil may not be mineralized enough to give them needed nutrients.  
Natural medicine is based on plant based supplements and foods.  
ReLyte formula is similar to 142 oz green drinks  
[remineralize.org](http://remineralize.org)

23:13

Friend's Sister in Pennsylvania - Raising Chickens  
Not doing well; laying translucent eggs  
Started giving chickens RNA Drops  
In two days they started looking healthier and bigger  
Within two more days they started laying hard-shelled eggs  
Track work out second time in two days. Usually take 4-5 days rest in between.  
"Man, you keep doing that, you are going to live forever" from someone watching her.

Greg turns his pain over to Source. Let non-physical take care of it. When you let go of it, Source takes care of it immediately.

28:00 Not hurting when I do a 2,000 foot climb  
If you donate blood, does it effect the recipient.  
Have you asked iON?  
No, but if our exhalation effects people, I'm assuming our blood will effect recipient in a positive way.

29:05 4-5 tsp of ReMag a day dramatically improved my sleep  
Worked for awhile and now sleep is getting funky again  
Perhaps you don't require as much sleep.  
If I get 4-5 hours of sleep in a row, I feel great.  
Otherwise, it's up/asleep; up/asleep.  
Are you on ReLyte yet? This is why I recommend sea salt.  
Can still do this because sodium is good for adrenals.  
Fluid going in and out of cells. Looks lke mineralization is the next step for you.  
Foot and calf cramps imaginable.  
Got worse on ReMag initially, but then went away. Came back.  
When you get saturated with one minerals, body is working hard and making them work as well.  
Magnesium RBC Blood test and see where your magnesium is and you may be able to cut back on it.  
Optimum level is 6.5.  
Too much magnesium? No, just out of balance.

36:45 Can't afford to buy all the products monthly  
When you are on the Drops, your ability to create will open up.  
So, start with RNA Drops.  
Overall mindset is lack in the world, and that's the lens one sees through.  
Products are quite affordable for the value they give.  
Experiment with it. Some people have bottles that remain full.  
You can be doing that on 2 drops a day.  
We would like you to live in a world where you have an environment that seems to be attacking you and adapt to it.  
Adapt and transcend.

41:45 Biology of Perception Part 6  
Inherent genetic capacity to transcend the environment.  
Make this a priority and the money will find you to pay for it.  
You need to flow with the money because it's energy.  
Send the message to yourself that you are valuable and worthy of the best food and support.

44:25 PMS and Painful Periods  
Can ReLyte help with this?  
Certainly ReMag focus is balancing any kind of cramping or pain.  
Do have client that uses ReMag and ReLyte and she noticed PMS Symptoms and Painful Periods disappearing.

47:10

RNA Drops and Weight Loss

iON working session about grounding

This is so individual. We can't say it's a weight loss, weight gain, or muscle gain product. It's the priority of the body.

It's how the body is interpreting the new cells.

Losing weight and having more muscle mass with no particular reason for it. That's if you are into it.

Dr. Carolyn is looking for fit and solid.

Don't let the labyrinth of your mind stop what your body is doing for you.

Biological effect of drops, biochemical/electromagnetic effect of the drops; mental/emotional overweightness.

My body feels safe when it gains some weight.

When you complete the process on every level, the body will let go of what it's holding on to.

Total Biology - weight is about abandonment

Be willing to let go and lose control and you'll be all right.

Our bodies always are trying to protect us.

Not concerned about compromising my health with weight.

I know I'm healthy.