

8/26/13 (2)

2:39

Appropriate role for everyone  
Appreciative of the RNA Drops and all the complement formulas.

iON says mankind called forth the RNA Drops.

6:40

Topical use of ReMag is awesome

ReMag topically is a dream come true.

7:31

Pinched nerve from Pilates for 3 months. Do lots of magnesium. Can barely walk. 6-8 dropperfuls of ReMag and ReLyte. Magnesium infusion on skin. Magnesium supplement. Calcium deficiency, and isn't it covered in ReLyte.

Eat meat and organic cottage cheese twice a week.

Do the Drops along with complement formulas accelerate spiritual and physical development?

Could this situation be part of that growth?

Yes, yes, and yes.

Contrast still happens when you are on the formulas.

Hope he is on ReAline.

Test Magnesium RBC. See how much you have in your blood stream.

Bone broth and dairy - you should have enough calcium.

Pico meter size calcium in ReLyte 100% absorbed.

Accelerating physical and spiritual development - that's being addressed.

Has this person seen a chiropractor?

Nerve around the hip area may not give an association in Total Biology.

There are layers of what a person goes through when they are on the complement formulas.

People can have something that isn't working for them for a fairly long time. Does test one's patience.

You can give this over to the non-physical; let non-physical take over.

Similar to giving it over to God.

Difference between non-physical and not God - as a Christian you have to go through qualifying procedures.

When we give it to our non-physical, we already know it's a yes.

Are we good and worthy enough - some people will hold these things because of that.

Some of my stuff will stick around because sometimes I'm on the slow journey; in for the long haul.

I want this life to last for a very long time. So "long time" maybe that good things last for a long time and bad things last for a long time.

People hold on to things including ancestral stuff.

I've had enough of this; non-physical take over.

Move it outside of the mind and not give it much attention.

Trust your body to repair and balance itself.

Put Magnesium directly on your hip.

20:11 The body is here to serve us. We're not here to serve the body.  
Also, giving it over to non-physical is powerful.  
Decreased levels of synthroid and no longer does Vit B12  
shops - Lynn's Mom - thyroid was irradiated years ago.  
Body is smarter than we or doctors give it credit for.  
Mental rehearsal with coaching client.

26:11 Want to take magnesium after I read your book.  
I take meds for palpitation - mitro valve prolapse  
Medication with magnesium causes drop in blood pressure.  
Your med is a calcium channel blocker.  
Natural calcium channel blocker is magnesium.  
Go very very very slowly.  
Get your doctor's cooperation. The blood pressure dropping  
is when they ram IV magnesium.  
Drug companies don't want you to take supplements because  
the body works better and doesn't need drugs.

32:50 Sea salt in my water?  
Fatigued without sea salt.  
Not much sodium in the ReLyte.  
Sea salt does help the adrenal glands.  
Yes, keep up with the sea salt.

34:10 Pinched nerve in the hip.  
Brian had sciatica for a long time.  
Body alignment - egoscue  
For damage, took product to stimulate stem cell production.  
Body alignment and structure is profound.  
Biology genetics - Dr. Carolyn's major in college  
Cell salts with completement products can be overwhelming  
I think ReLyte has what you need and you may not need  
cell salts.  
[integrativehealthsource.com](http://integrativehealthsource.com)  
The synergy is more powerful.  
The fastest path to your joy, not out lack or need.  
For perfection and fun, to play with.  
Completement formulas are safe for people to take.

43:30 We always argue for our limitations.  
Perfection is a launching pad to take you places you don't  
even imagine now.

45:51 Father hooked on Morphine Sulfate.  
Recovering alcoholic, methadone user...  
Got him to take RNA Drops. Does feel a bit better.  
Magnesium RBC test.  
Show him the awards I've won.  
Tell him I was on Barbara Walters, the View.

47:47 Total Biology  
Distended stomach  
Had it for several years.  
Explanation for why it won't go away.

Had to do with water coming from the liver or something like that.

Any pregnancies?

Very involved with her adopted daughter and her adopted daughter's grandbaby.

Not recognizing contribution as adopted mother.

Can be a desire to be pregnant.

Has a strong maternal involvement.

Her body and its desire to have its maternal association is creating this manifestation.

Must have self-love before you can be helpful.

Being a mother is a limited and limiting, fallen condition.

Too much infiltration of kids' consciousness.

Swollen tongue - what is that an indication of?

B vitamin deficiency.

Is ReAline enough? Could be, if she took 2 a day.

Or, she could add Grown by Nature Bs or Natural Vitality

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[trinasgooddrops.com](http://trinasgooddrops.com)

54:30

Can magnesium, hydrocodone, and muscle relaxers cause a severe Vit D deficiency.

Magnesium does not cause Vit D deficiency.

Hydrocodone will kill your magnesium.

Do magnesium RBC test. It'll prove that it's not a magnesium problem.