

5-26-14-2      2:32      With the RnA Drops, we stopped at 15 drops, a full squirt twice a day.  
If you feel fine, should you try to increase the amount of Drops.  
I don't think it's necessary. If you feel fine where you are... there's no reason to increase. You have to follow your intuition.  
Most people do 10-15 drops per day, and people get the best out of it when they are taking that amount.  
It's very individual.  
Is there a shelf life on the RnA Drops? There's a best buy on the label, between 1.5-2.0 years.  
When you open it, you should refrigerate.  
Shipping without cold packs because we've had enough experience with cold packs and international shipping to know that they melt and the Drops are fine.  
Completement line – things have healed; feel great.  
Have brown spots coming back on my forehead and cheeks since I was back in California.  
Could the Completement line take care of that?  
ReNew on those areas seems to work for people.  
Let's see what happens when you go back and don't have as much sun.  
I've been putting ReNew on it every day.  
I use coconut oil not sun screen.

7:52      Currently in a mad bout of cluster headaches and have low tolerance for magnesium  
People suggest taking a lot of magnesium for clusters.  
800-1500 mg – can excessive magnesium be dangerous?  
He gets dehydrated from diarrhea.  
No laxative effect in ReMag.  
He thought headaches were caused by withdrawal from alcohol.  
Magnesium deficiency created by alcohol having to be broken down by magnesium.  
Everything comes back to magnesium.

13:02      Read The Magnesium Miracle  
ReMag Book talks about Magnesium RBC Test for dose.  
Told by neurologist that taking magnesium over a long period is not advisable as it effects the calcium/magnesium ratio causing serious bone issues.  
I said, "Never." Calcium and magnesium work together in a very positive way.  
Calcium is in so many foods as a fortified nutrient, it's in Supplements – we are over-calcified.  
Example of woman with calcified bladder who softened after taking magnesium.  
Dr. Delbert said calcium is aging.

- Non-Lactose cheese doesn't feed your yeast.  
You have many sources who get enough calcium on a good diet. Not so, magnesium.
- 16:42 Bob discusses RnA Drops Reset in response to Robert's comment.
- 17:17 Michael Brown's experience.  
Tapping into the Unified Field. Manifesting feelings and have healed through intention.  
The Drops are more than raw chemistry.  
Highly intuitive, even psychic.  
High level of energy.  
Overcoming PTSD.  
Cleansing from medication, which I wanted to get off.  
Example of other levels happening.
- 20:22 Old friends knew me as a former smoker.  
Just stopped smoking. Didn't remember when.  
I didn't do anything. I just thought cigarettes tasted icky.  
I looked back, and it's almost 2 years since I quit smoking.  
I don't even think about cigarettes.  
Wonderful things just creep up on you.
- 21:42 JW stopped smoking and drinking in iON being in his environment.  
RnA Drops are coming from the same realm as iON.  
JW also stopped drinking coffee.  
iON says, "Love whatever you are doing."  
But, there's stuff we just can't touch any more.
- 23:35 Dr. Carolyn is not a materialist kind of person.  
Discussion of benefactors from product profits.  
<http://davidnewfeld.com>  
Scott Woods where they interviewed about the top hits of the day with iON.  
<http://rockcritics.com>
- 26:55 How did you find your writer's voice in your Magnesium Miracle? Met scientists with all the information they gathered for 20 years.  
Burton and Bella Altura – written over 1,000 papers and studies on magnesium.  
Before Dr. Carolyn they had never met a dent in public opinion about magnesium.  
They were glad to do the forward.
- 28:45 Educational piece is critical.  
Clearing out conflicting opinions.
- 30:00 Magnesium RBC Test is 6.7. Can I have low magnesium symptoms with that.  
Test isn't fool proof.  
You can still have magnesium deficiency and optimum tests.  
Would love to see ionized magnesium tests at tissue/

cell level.  
ReMag may be pitch hitting for the other mineral deficiencies you have.  
Sent her the ReLyte book.  
We go by your symptoms. You take enough to get rid of your symptoms.  
Pretty much a two step process.

32:02     Angstrom magnesium – 8 tbsp per day.  
Then switched to ReMag and started feeling symptoms.  
Math on it: 9,000 ppm angstrom  
1 oz = 270 mg. So, they were taking 270 mg 4 times a day  
They switched to a lower dose – 150 mg 4 times a day  
They cut their dose almost in half.  
1 oz angstrom is equal to 1 tsp of ReMag.  
They weren't taking enough.

34:12     Original site of the RnA Drops -  
Russian claims to make I-Cell and I-Block.  
Can't make this stuff without iON.  
Official and only website where you can obtain the original RnA Drops formula.  
Supposedly Russian is giving away I-Block. Yeah, a 400 lb block?

35:28     What is the difference between ReLyte and organic MSM.  
ReAline has two sulfur amino acids. The body will break out the sulfur when it is needed.  
MSM floods the body with sulfur which may force the body to use too much.  
ReAline is a more natural approach; MSM is a medicinal approach.

36:30     Rheumatoid arthritis for many years; osteoarthritis for 3 years. Taking Mobeck metho... intravenous...supplements.  
Which of your products will help with pain, stiffness, soreness. Concerned about taking too many products at one time.  
Can't prescribe for you but people with your condition and on a lot of meds need magnesium.  
Type the name of your drug in wikipedia and see if there are fluoride molecules in your drug. Bind magnesium.  
Products that help people with joint problems are ReMag and ReLyte.  
Rna Drops for autoimmune stuff.  
ReAline for detoxing. Is has the sulfur amino acids.  
People who take our products claim these things.  
Check out the testimonials.

39:18     His wife has rheumatoid arthritis in check.  
Have had blood tests to prove there is no indicator of this left.

40:54 Magnesium and Dr. Carolyn Dean's information has got me off all my meds. Only use inhaler 10-12 times a year. Have a friend with lung issues that is taking magnesium and glycine and took care of lung problems. What do you think take magnesium and glycine together for inflammation?  
No experience with it. Amino acid building block for protein. If you are having results, I'm not going to tell you not to continue.  
I usually ask if my clients get it in their food.

42:27 Extreme soft cell company.

43:55 It seems to me that the magnesium message is finally getting out to people. I think it's because of all of your research and writing.

47:42 International shipping and customs.  
Will we have to pay extra a customs. Yes, that's what customs does.

49:14 Russian making I-Cell. We started over 3 years ago creating I-Cell. There are 108 generations. You don't get going good unless you have iON and have everything that has already been done.  
RnA Drops is a side bar.  
It's all about RnA Reset. That's fabulous to remind people that you are constantly resetting. Don't get distracted.

50:39 Government went to Joe Dunn Sloan in the 60s and tried to guess D-Cell formula. Interferon came out what they put together.  
There are going to be knock offs of our stuff.  
People are free to choose whatever they choose.

51:42 Sarah tried something new, and her body let her know it was crap. So, she came back.

52:44 What do you do when you don't have much to ReNew. You slather it on yourself and go in the swimming pool. Everyone who swims after me gets RnA Drops.