

6-30-14-2 3:55 "ReMag is a miracle product." In blog mentioned spraying ReMag on lower back as a transdermal product. Better absorbed and less irritating than the oil. Can ReLyte be absorbed on the skin, too? Yes. Alison is using it as a misting. I am using it to set my makeup.

5:40 Bummed out about setting up new business and couldn't blog. When the business was set up, I'm so exhilarated to be writing again. Love seeing the interrelationship among things.

6:44 Heart palpitations and chest pains. Two EKGs showed nothing wrong. Started using magnesium, and they stopped. Fight and flight situation. Wasn't using magnesium. Began again. If you are going through extra stress, use more of the products.

7:52 Overweight with severely pinched lumbar spine. Steroids and surgery has been suggested. For severe problems, some people are eating 4-5 tsps of ReMag, 2 tsps ReLyte in a liter of water with good salt. Using spray bottle and spraying around 5 layers of ReMag.

8:45 Pyroluria – shows up in the urine when your body is depleted of vitamins and minerals. Three main nutrients not properly absorbed – Vit B6, magnesium, and zinc. Completement Products cover them all. Everything we bump into has a basis in vitamin/mineral deficiency.

10:17 Recently lost 115 lbs. Was over 350 lbs. It all began with the RnA Drops.

11:25 In beginning of nutritional medicine, we found this out. Before we put together the ReLyte, people were taking 6 or 7 things. With ReLyte there is one bioavailable product.

12:35 Magnesium and our other products don't require belief.

13:45 I could never ever drink very much water until I read on your website to put sea salt in it. Now I can drink tons. Used to be nauseous. With salt, not at all. Top amount of ReMag/ReLyte? Both in the same bottle. Go by your own symptoms. 3 tsps of ReMag and 1-1 ½ tsp ReLyte for my heart palpitations. If your symptom comes back if you forget to take your minerals, then you aren't saturated. Mother has a heart condition. Very fast heart beat and Afib. On blood pressure medication and doctors are threatening her with a stroke. Mother is rebellious and doesn't want to take medication. She believes in supplementation. Exactly what you are going to take. I suggest ReMag/ReLyte/Sea Salt for A-Fib.

18:43 ReMag, ReLyte, RnA Drops
3 ½ droppers of each last. That's way too much of RnA Drops.

Start off slow. ¼ tsp of ReMag/ReLyte.
Woke up with gout in his big toe.
Doing the Drops since they first came out. Bout with chronic and severe eczema is gone.
Lots of exercise lately. Most of the time dehydrated.
Sounds like he's been taking the Drops for awhile.
Doesn't know about the ReMag/ReLyte. Could be a healing reaction. When the minerals are pulled into cells, they kick out chemical and heavy metals.
For gout, unsweetened cherry juice and magnesium.
ReMag topically on big toe; epsom salt soaks.
Can cut back on ReMag/ReLyte, but if exercising might be sweating out his minerals. If it's his first time, may be detox.
Not enough information to talk about this.

23:01

Stem Kine from RBC Life
What happens if I take them at the same time?
Stimulates bone minerals according to product description.
If it's a herbal, there should be no conflict.
RnA Drops doesn't conflict. It's fermented barley sprout liquid.
Just take them 15 minutes away from anything else.
iON would say if you have the RnA Drops, you don't need anything else.

24:51

Cool term, "RnA Drops give you an evolutionary advantage."

25:27

Stem Kine has 2,000 I.U.s of Vit D. You'd need extra magnesium to make that work.
Has probiotic which RnA Drops has.
Beta Glucan – will check the Drops for that
Other ingredient is a sea weedy thing
Some very basic things as ingredients.

26:37

An opportunity to tell another medical doctor about magnesium.
Encouraged her to listen to Monday show and call in.
Looking for a new primary care giver, because I need a doctor to shuffle the paper work.
It's fascinating going into the medical clinic these days.
Asks questions and enters into computer.
When I ask questions, they don't know or just smile.
Watching the medical system devolve.
They just don't educate people about their body and their own health.
I'm aware of the connections between my thoughts and what hurts.
Magnesium has helped me find the link from my thoughts to my pain.
When I ask basic medical questions, I don't get an answer.
Doctors don't notice the chemical body.
They are in their chip body.
Went with their questions with 3 people who put info in computer.
Doctor remarked I wasn't on prescription drugs.

I told her I supplemented with magnesium.
I talked about minerals and sea salt.
Her response was skepticism over supplements.
I told her that I was just as skeptical over drugs.
Don't let the system pick my doctors or tell me what to do.

32:55 Doctors aren't told about supplements.
Doctors are trained that anything they haven't learned in school is quackery.
There's going to be no change from the traditional standpoint, because all they know is their drugs.

34:04 Bob suggests you use the word, completements.

35:07 Dr. Dean said the first line of defense for stress is epsom salt baths. Magnesium plus lying down therapy.

35:24 Carolyn's the only doctor who became a paramedia ecologist and overcame the effect of computers on people and came up with an antidote.
You are not talking to a doctor there. You are talking to a chip body. They are not that interested in your chemical body.

35:48 You are walking into a business. It's not health care.
Why would I want you for my primary care giver?
What's most important that you could offer me as a primary care giver?
She said she would tell me she didn't know if she didn't have answers.
She also mentioned rapport.

37:00 You are going there to have the paper work filled out.

39:18 Got up this morning and sore hip was gone over night.

40:24 Gentleman who is working on the house.
He's going to be going from Key West to Alaska on his classic Harley Davidson.
He's never completed it. Wants to.
Rides his bike 22 hours a day.
"How are you going to get the stamina to be on your bike for 22 hours?"
I said, "No, no. You are using ReMag/ReLyte." Gave him a sample.
He took the minerals on Thursday. Came back on Tuesday.
Got the best sleep he had for years.
He woke up with so much energy.
He's ordering products and taking them on the trip.
They do have trackers on these trips.
We said we would track him.

43:57 Friend with cirrhosis of the liver and neuropathy.
Sample bottle of RnA Drops this month.
Testimonials about neuropathy with Drops.
Yes, we do. support@mareset.com - will pull out shows and testimonials.

Bob's shoulder is waking up from old surgery.
Nerves waking up could be tingly.

46:35 Synthetic thyroxin for 12 years – thyroid problems.
Started our minerals 4 weeks ago. 2 weeks after added organic sulfur.
I have experience rapid heart beats, excessive sweating, headaches, intolerance to heat, elevated blood pressure.
Could the minerals support my thyroid and perhaps need less hormones.
Personally, I would stop the sulfur, as I have no experience of it in this form. Only sulfured amino acids in the products.
I would get thyroid tests and see how your thyroid is doing.
I don't recommend high dosages of anything.
You have to be careful. There is so much on the Internet that isn't complete.
In the body you don't need that much. We don't even use high doses on our maintenance program.
In the beginning you might need extra magnesium. But, the body will develop its own magnesium stores. Then, you won't have to take those amounts.

49:45 Urine is green and smelly. Toxins being eliminated?
It's detox.

50:48 Monograph on Magnesium – Possibly effective for..
laundry list of conditions
Talked about IV magnesium. We know our ReMag is more absorbable.
Insufficient evidence for..
another laundry list of conditions
We know it helps with these conditions. Why does Kaiser say, "Possibly."

53:02 ReMag is very powerful.
Laxative effect, so I told him to put in water bottle.
80ish year old mother is constipated on ReMag.
Drinking more water is the solution to the dehydration.

54:23 Duodenal ulcer – magnesium irritates stomach
Mercury fillings – hold it in your mouth ½ tsp at a time – mix it with your saliva and slowly swallow it.
Then, it won't hit your duodenum.

55:21 Are RnA Drops picometer in size
Breaking down of ingredients to the point where they have digested sugar into ribose and no gluten present.
Are well absorbed but they don't go through the picometer size.

56:35 What will the rest of the year hold?
Axiom Water
Bread of Life
Cold Fusion
The environment changing is allowing us to create everything

anew.

Water, air, boiling point, pH are changing.

The field is wide open to create new products.