

7-14-14-2 1:41

Not comfortable giving you suggestions. You are looking for me to prescribe for you. We are here sharing information about our products.

Our minerals go directly into their cells and toxins and heavy metals will dump out. You can feel tired and so on.

You need to read my ReMag and ReLyte book.

If you are really toxic, you will detox. That's why we ask people to do their own research.

I can't tell you what to do.

You need to research on your own.

You have to come to know that there is a healing reaction when you put good into a toxic system.

Do what makes you feel better.

You have to start understanding what is going on.

People have to find a reason for every little thing to happen.

Table salt doesn't have the extra minerals.

So many recommendations, and you don't know who to believe.

If you have something significant happen, you have to go to the doctor.

When you are on a regimen, you have to be on the regimen.

11:30 Constipation is interesting. If you start drinking more water, constipation often gets better.

Love and appreciate your body. It does many good things.

12:51 Husband was on pain management medication – methadone
Been on Completement Formulas for the last couple of years.
Weaned himself off methadone over a month.

Doing Epsom salts and baking soda baths.

When he's feeling bad at work, he could do a couple of Drops.

Increase he's ReMag, ½ tsp isn't enough.

Put the whole days dose, 3-4 tsps of ReMag/2 tsps of ReLyte, in his drinking water to sip throughout the day.

Detoxing means he needs therapeutic doses.

Drink extra water throughout the day while he is detoxing.

Without RnA Drops, he wouldn't be able to wean off this stuff.

Some of our athletes when training take a couple of Drops every hour. Some who fly do the same and don't get jet lag.

Going to have to start measuring spoons because we aren't sending the droppers any more. Measuring is more accurate.

Has seen the difference in his back. Was on 6 methadone a day.

Statins didn't help his cholesterol. His cholesterol has dropped from being on the products.

The clue is the minerals to get the last junk out of his cells.

She has Hashimoto's as a diagnosis. ReLyte – 3 dropperfuls twice a day.

She is on thyroxin – 100.
Have you noticed if you feel a little more activated with the maintenance dose?
No problems with arthritis any more; not even in my mind.
Don't feel tired. Been on RnA Drops for 3 years.
I don't need as much sleep. My energy level is good.
If you intent is to get off thyroxin, you could go up to 2 tsp of ReLyte today. Then, observe whether you need as much thyroxin.
If you get your thyroid test, it might show you have a little too much thyroid. Then, you can decrease.
You can transition from thyroxin to ReLyte without going on Armour Thyroid.
She's taking the maintenance dose of ReMag.
You might check your Magnesium RBC and see where you are on it.

29:13 73 year old friend with arthritis with trigger finger.
Pain. Swelling. Couldn't move her fingers. No space between them. Cortisone shot did not last 4 weeks.
Introduced her to ReMag, and it was getting better.
Received ReLyte on Friday, pain and swelling subsided a bit.
She can open and closing her fingers.
Not enough minerals in the cells means the fluid doesn't know where to go and ends up in the soft tissues.

32:07 Soaking 78 year old feet in baking soda, MSM, and magnesium flakes/epsom salts.
I use ReMag by mouth.
Soak in a gallon of water.
Would like to use ReMag in feet water. How much should I use?
I told her to spray ReMag directly on her feet, let it dry, and then spray again several times.
Dilution wouldn't work. Just use the spray.

33:15 Fibroids – Total Biology
Ruptured uterus in their ancestors.
Fibroids are strengthening the muscle.
Great great grandmother died when she had an abortion.
Grandmother had prolapsed uterus and a hysterectomy.
Ancestral uterine issues which gave her a reason for having fibroids.

35:52 Minerals and sea salt – already been addressed
Drinking enough water allows water to be utilized in the cells.
The minerals really don't wash away for that reason.

36:47 Cipro damage in her tendons.
ReMag because of its small size does get into the brain.
Have 1,000 people on Facebook that have been damaged by Cipro.

Experiencing pain after using magnesium – healing crisis.
Magnesium can stir things worse.
How long should the process take with ReMag?
Other magnesiums are only 20% absorbed. That's my concern.
That's why they moved to the ReMag.
Get Magnesium RBC Test to see if they are absorbing.
Liter bottle of water and sip it through the day.
It might be 3-6 months to get saturated.
People who get Cipro damage are probably magnesium deficient to begin with.
Glutathione IV push, do I need ReAline.
If your doing ReAline, you might not need Glutathione push.
Most can't do the IV push daily.
See how you feel. If you feel terrific after a push, then ok.
If not, why waste your money.
There are three B vitamins in ReAline. Manufacturer was not able to get the folate. It will be a couple of months to get that and also adding B12.
Have Hashimoto thyroid diagnosis. Do the minerals interfere with thyroid medication. I don't think they interfere with each other.
Small amounts to build up with good absorption will not force a reaction.
Small amounts help the body build up.
Joint and tendons were severely damaged by the Cipro.
She is thinking of doing the stem cell treatments for joints and tendons.
Dr. Carolyn said she shivered when she heard that.
Reacted to PhD from Canada and took stem cell treatment for mercury poisoning.
Took her own stem cells and gave them back. Her stem cells were probably toxic with mercury.
Doctors she knows in Mexico report miracles, but they say if people don't change their lifestyles, they will get condition again.
Seems like with our products, you don't have to change your lifestyle.
If I decide to do treatments, do I eat RnA Drops? Yes, no contraindication.

51:07 Bob is taking a break from PayDay.
51:54 Microscopic slides of the I-Cell.
iON says what you see is totally unique.
53:30 Gives people an opportunity to listen to archives and research.
55:26 Bioidentical hormones for 5 years.
Did saliva test and sat down with doctor.
Totally unimpressed even though I gave her information about the Completement Products. She asked no questions.

Showed her blood tests.

Doctor thinks she was on too much, after asking what she was taking three times.

Lost 5 lbs of fluid from cutting down progesterone in half.

Stopped hormones altogether. Not gaining weight.

Feeling fantastic.

I took my power back.