

7-21-14-2 1:14 Heard from their doctors that nothing will absorb if they are toxic.  
Leaky gut often comes from yeast overgrowth.  
They can treat the yeast overgrowth with a yeast detox.  
ReMag/ReLyte absorb well in your mouth, esophagus, etc. that people are getting benefit from it.  
Absolutely start taking your ReMag and ReLyte right away.  
Gentle Detox you get with ReAline is just that.  
You don't want to distract your body by forcing it to do something.  
Do the basics, and then if they aren't working the way you want, phone into the show.  
Be grateful you have such a smart body.  
Don't micromanage your body and don't let your doctors micromanage your body.

5:27 Radiation formula being sold to you in a fear based way.  
Your body can adapt to these things.  
In the past 100 years, we have become very fear based, and the drug companies have become so powerful and sell through fear.  
People eating too much sugar, yeast overgrowth, taking too many antibiotics.  
Overarching problem is the fear.  
If you have detox symptoms, you can go slower.

9:45 Politics of health.  
Degenerative diseases are all really based on bad food.

10:36 Doctors make money when they prescribe tests.  
Let's let our bodies adapt to the environment.  
We are adapting to our new environment. We don't have to be fearful. The fear brigade makes people tinier and tinier.

13:23 Torn meniscus in my knee. Will your products heal inflammation.  
ReMag in spray bottle, spray it on, tap it in, let it dry, and spray again 5 or 6 times.  
Magnesium by mouth will help as well.  
Physical therapy and chiropractic has helped.

17:42 New searchable website: <http://drcarolyndeanlive.com>  
Time transcript of show.  
Resources at the bottom of the page.  
Do your research on this website now. All kinds of keywords you can look for.  
You can comment and follow the blog.  
ReLyte book under FAQ on <http://RnAReset.com>  
Thyroid effects everything in the body.  
ReAline is the gentle detox.  
ReNew is used locally on their skin.

25:34 When it gets to the gritty part of the ReNew, what can I

add to it. (1) Ozinated Olive Oil (2) Olive Oil (3) Olive Oil and ReMag together  
I-Cell photos will be online next week.  
Put ReNew on the bone directly behind your ear, the mastoid bone.  
You can put some on the base of your skull for pinching and strain from computer work.  
How do you use RnA Drops to improve your vision?  
One or two drops in saline water in an eye cup and blink a few times.  
Are you using this personally?  
You can't mix ReNew into your cream, right? That's right.  
Stick with the olive oil and ReMag at this point.

36:47 Taking ReMag for 2 weeks for swollen eye lids (blespheritis).  
Complete relief. Eyes stay moist, and I don't have blespheritis.

39:32 Itchy skin and excessive sweating after taking ReMag.  
Detox symptom there. Could be yeast, depending on history.

40:12 What can you tell about potassium for muscle cramping?  
Do you think that high doses of RnA Drops would cause an increased need for minerals and more food.  
iON talks about needing more protein, water, minerals.  
ReLyte has a low dose of potassium.  
If you are not eating your daily greens or take a few spoonfuls of a green powder, you should be getting enough potassium.  
If not, make potassium broth.

42:35 Muscle twitching on legs. What's it a sign of?  
May be right about imbalance between calcium and magnesium.  
May be dehydration. Need water with minerals.  
I'd suggest ReLyte to balance your other minerals.  
You can do a Magnesium RBC Test.  
If you are getting too much magnesium, you will get the laxative effect.  
Do the sea salt in water, too.

44:30 I asked my cardiologist if I should be taking magnesium.  
He says there hasn't been any studies to support his advice.  
There are hundreds of references in The Magnesium Miracle.  
Burton and Bella Artura have done 1,000 on magnesium.

45:28 Therapeutic doses of ReMag/ReLyte a day. Bloating.  
I upped my doses, and I feel better after one day.

46:03 ReMag 2 droppers twice a day and didn't sleep for 3 days.  
Stopped 3 days. Did less.  
Start with one drop. Read, "When Magnesium Makes Me Worse"  
Probably dumping and detoxing her.

47:14 Restless leg syndrome my whole life.

Doctor sent note for her to take magnesium.  
ReMag – rarely get restless legs. If I do, I usually forgot to take my iron, like in your blog.

49:44 Rashes on arm and face.  
Yeast die off can cause rashes. Look into yeast overgrowth.  
Also look at detox and thyroid starting to wake up.

50:32 Traveling with ReMag/ReLyte in a bottle. Yes

51:00 Magnesium and neuropathy  
Magnesium heals nerves.

51:39 It's good to detox; it gets rid of toxins in your cells

52:00 Muscles stiff and couldn't sleep.  
Cut way back and dilute doses.  
In people whose adrenals are weak are their days and nights switch.

53:07 Acid/Akalyne levels in the body.  
Father's heart has excess fluid around heart.  
Calcification from too much calcium.  
More magnesium will dissolve the calcium.

54:23 pH testing of their urine and drinking 128 oz of green drink  
People still may not get enough magnesium to alkalize your body.

55:24 Hashimotos, adrenal, systemic mold, yeast, fungus issues  
Major osteoporosis  
Is there anything else I can do for my bones?  
Parasite cleanse.  
Severe sugar cravings.  
This all sounds like yeast overgrowth.  
Good therapeutic doses of ReMag/ReLyte. Do sea salt in water.  
Add yeast detox.