

3-10-14-1 5:51 Daughter in Law, Age 30, experiencing symptoms for months and years. Light or absent periods, on birth control since a teenager. Changes in weight, skin, hair, personality; depression; thickening around the neck after taking minerals according to instructions.
Good symptom shifts with the minerals; lighter mood; menstruation; flu-like symptoms.
Son ordered ReMag and ReLyte; blog balancing thyroid and adrenals.
Puffy swelling around thyroid can be the thyroid swelling.
My blog, "When Magnesium Makes Me Worse"
Yeast toxins can cause the thyroid to be attacked.
The body doesn't attack healthy tissues so there has to be a deficiency or depletion. For example, fluoride in the water or medications.
Get an ultrasound, blood test for antibodies, and listen to the show.
Thyroid does require iodine but with selenium.
Read the ReLyte booklet on <http://rnareset.com>
Alternative medicine is looking for just one thing, iodine.
As a matter of fact, you need six minerals for the thyroid.
That's what you have ReLyte.
Also high doses of iodine can lead to transient increase in TSH levels.
That comes from the hypothalamus pushing the thyroid to work harder when its not pushing out enough thyroid hormone.
ReLyte – 100% bioavailable lower dose iodine in ReLyte.
Balancing life style is important to thyroid, too.

13:20 Had constipation since very young. 84 year old used ReMag, 2 dropperfuls once a day. Now, she has bowel movements every day.
Feels very chipper, more vibrant, and youthful.
Magnesium is helping muscles relax so she can have bowel movement.
More water is needed. Most are dehydrated.
Make sure you drink water with your ReMag.

14:52 On RnA Drops and ReMag for 1 year. 3 droppers of ReMag in the morning and at night. More and I get laxative effect.
Split up ReMag into 4 doses or more a day.
Mostly felt energy boost of RnA Drops.
Back surgeries testimonial.
Aligning Perfect Cells including talk about egoscue.
Testimonials in that article.
Deborah West testimonial about No More Back Pain.
Irritability – if I increase dose past 16 drops per day, I get irritable.
Didn't mention if she was taking ReAline. I would recommend

that happening. Trash not taken out will irritate the body.
Could have some frustrated where you are not cured yet.
Detach from your state and watch your words.
Continue to take Drops and relax and allow.
Let's make your days happy days in the studio.

19:08 Completment Products for 3 months
Love them. Sleeping great. Dreams. Works out issues in the end.
What about receding gums getting worse?
Third dose of ReMag at night.
Spray ReMag on your tooth brush and put tooth paste and brush at night
Oil pulling in the morning.
Is there something you have to fight about and grab with your teeth, that could be irritating.

20:29 Taking a sauna isn't good because you sweat out the minerals.
In humans sweating is means of regulating temperature.
In 25 minutes of sauna you could sweat out a liter.
On sauna days replace the sweat with a liter of water with good quality sea salt and take an extra dose of ReMag and ReLyte to replenish your minerals.

21:23 Hypertension call last week; top number high; bottom not.
Contraction of left ventricle of the heart and uses the most magnesium. Forces blood out in the aorta into the system.
Pressure wave of contraction is measured in the arm.
If the heart is tight and rigid, your heart will push out hard blood and the blood pressure will go up.
If vessels are clogged with calcium, the blood pressure will go up.
The diastolic is about relaxation of that system.
The Elderly are overtreated with blood pressure medication.

25:07 Re: Diabetes Along with ReLyte, should extra chromium and vanadium in ReLyte.
Did not use vanadium in ReLyte, no room.
Lots of sources for vanadium in food.
RnA Drops super sugar covers you.
Exercise as well.

27:36 What are your thoughts on MRIs?
Ground yourself after MRI, hug a tree, walk barefoot on the ground.
Have you had contrast after MRIs?
Get a little sample of the dye. Then, you can make a homeopathic remedy of the dye.
Future Health Now section on Making Remedies

30:40 Last Friday I went to the ER with dizziness.
Diagnosed as vertigo after the tests.
Did they find wax of inflammation in ears? No.

My kidneys, blood, glucose was fine.
No tumors, bleeds of anything like that.
Should I continue with the ReBob and/or do something else.
4 drops once a day.
Dizziness started around 10 days into it.
Can get a bit of a viral infection that causes vertigo.
There may be a transition with the Drops.
Stopped RnA Drops after I went to hospital.
Consensus was that he was dehydrated.
Have you had dizziness in the past? No.
I was concerned when I got dizzy but sat up and it dissipated.
Do you have a desire to astral travel and so on? Sort of.
My wife is the empath.
I take the Drops because I want to be better than what I was.
To change things, you have to have shifts.
Tests say nothing is wrong physically. So we go to the other levels.
When you leave your body, you can get dizzy.
Stroke history in family that concerns me.
What we aspire to with the RnA Drops is to have perfect cells, to heal our bodies, don't fall into the path of our ancestors...
I personally would take one drop of RnA Drops a day and focus on your words – I'm happy, healthy, and want more.
Your mind is the factor that is going to limit you.
Magnetic changes on the planet with many having vertigo.
Continue to use your drops and be confident about what you are doing.
There's nothing wrong with your body.
There's nothing wrong with the Drops.
This is all about the differences between you and you.
Dehydration is a major concern in the body. 1 ounce of water for every 2 lbs of body weight.
The Drops have their own detoxifying effect.
Diverse benefits from the Drops.
Trying to stay sodium free. You need ¼ tsp of sea salt in every pint of drinking water.
There's a big difference between table salt and sea salt.
I'd go ahead and do the ReAline as well. That will help smooth things out.
Get back and tell us how you are doing.

47:38 People aren't so worried about their pharmaceuticals and accept the side effects. They were about alternatives.
That shows a bias.

48:50 How can one control inflammation while detoxing with products even when I'm going slow.
Sounds like a lot of toxicity here.

Do clay baths with LL's Magnetic Clay.
Do that every day.
Get your Magnesium RBC test at requestatest.com
Do 2 ReAline a day and stick with this.

50:11 iON said Alzheimers may come from someone being scared to die.
What does Total Biology say?
ReMag should help that, no?
People who forget is the best solution for the brain not to remember.
People who don't want to think of being sick, take their medicine, or think about dying have to avoid the memory of that.
Surviving means getting rid of the memories.

51:54 Mother has bone on bone on right hip.
People are filling in teeth. People who were scheduled for knee surgery didn't have to have it.
Don't know if that was bone on bone or cartilage.
I would spray ReMag and rub RnA Drops on the hip.

52:47 Response to Michael
Keep rehydrating and keep checking yourself.

53:44 Complications with metal implants and RnA Drops.
RnA Drops will strengthen tissues around implant.
Then, if implant isn't needed with the stronger tissue, the implant will be reabsorbed.
Ginney is one that has had healing reactions around a titanium plate.
Drops would use metal as food and reabsorb.
Drops do have a transformative quality.
No fear about heavy metals and radiation. Have to trust that the body knows how to take care of us.
The only thing that happens is that the mind gets in the way.

Thyroid Imbalance and ReMag
and ReLyte Email

ReMag and Constipation Email Testimonial

Completements Products

Email Testimonial

Sauna and Minerals

Email

Hypertension

Email

Completement Products and
Diabetes

Email

MRIs

Jessica

Vertigo when he lays down
ReBob and ReAline

Michael

Bias on Alternatives

Bob, Dr. Carolyn, Ginney

Detoxing

Rebecca

Alzheimers and Total
Biology

Betsy

Completement Products
RnA Drops

Betsy

Dehydration

Theresa

RnA Drops and metal implants

Email